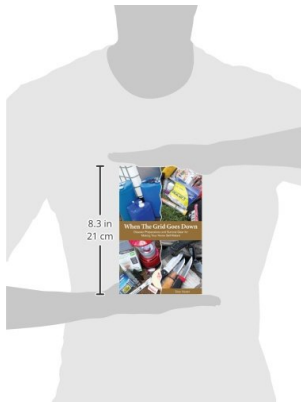


[PDF] When The Grid Goes Down, Disaster Preparations And Survival Gear For Making Your Home Self-Reliant

Tony Nester - pdf download free book



Books Details:

Title: When The Grid Goes Down, Disa
Author: Tony Nester
Released:
Language:
Pages: 80
ISBN: 0971381143
ISBN13: 9780971381148
ASIN: 0971381143

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Description:

Disasters come and go each year. It is through developing a self-reliant mindset, having essential survival gear and a handful of critical skills, that you and your family will be able to prevail in an urban crisis. Jammed with field-tested information from real-world applications, survival instructor

Tony Nester covers how to prepare for both short-term survival ranging from 24-72 hours as well as long-term situations resulting from a grid-down emergency or pandemic. When the Grid Goes Down will show you how to make your home and lifestyle more self-sufficient and the critical gear needed along the way. Topics include: The 6 Key Areas for Creating a Self-Reliant Home, Water Storage and Purification Methods, Alternative Water Sources At Home, Creating a Water Map for Your Region, The 3 Essential Food Types to Stock Up On, Designing an Off-Grid Medical Kit, Home Security and Personal Defense Measures, Safeguarding the Exterior and Interior of Your Home, Heating, Cooling and Lighting When the Power Goes Out, and Alternative Sanitation and Hygiene Methods.

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