

[PDF] But My Family Would Never Eat Vegan!: 125 Recipes To Win Everyone Over (But I Could Never Go Vegan!)

Kristy Turner - pdf download free book



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Description:

Do your kids think tempeh is weird? Does your partner worry that a vegan diet isn't well balanced? Do your parents *just not get it*? Well it's time to *win them over!*

With her first cookbook, *But I Could Never Go Vegan!*, Kristy Turner deliciously refuted every common excuse to prove that, yes, anyone *can* go vegan. Now, *But My Family Would Never Eat Vegan!* serves up 125 all-new, scrumptious, satisfying recipes—organized around 20 too-familiar objections to eating vegan as a family:

- Don't have time to cook elaborate family dinners? Whip up an easy weeknight solution: **Quick Cauliflower Curry, BBQ Chickpea Salad, or Cheesy Quinoa & Veggies.**
- Worried about satisfying the "meat and potatoes" eaters? Wow them with **Lazy Vegan Chile Relleno Casserole, Jackfruit Carnitas Burrito Bowl, or Ultimate Twice-Baked Potatoes.**
- Hosting a special event? Try **Pizzadillas** for game day, **Champagne Cupcakes** for bridal showers, **Maple-Miso Tempeh Cutlets** for Thanksgiving, or **Herbed Tofu Burgers** for your next potluck.

Easy-to-follow, bursting-with-flavor recipes—free of all animal products!--make it easier than ever to please vegans and non-vegans at gatherings. Even your most skeptical relatives will be begging for more!

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